

## REGION IV MENTAL HEALTH BOARD MINUTES

April 12, 2011 - 12:00 TO 2:00 PM

Ada County Sheriff's Office

7200 W Barrister, Boise, ID

**CHAIR:** Greg Dickerson

**VICE CHAIR:**

**Attendees:** Vern Garrett, Greg Dickerson, Raelin Gibb, Tammie Rice, Russ Duke, Mary Rong, Suzette Driscoll, Laura Thomas, Ross Mason, Scott Armentrout, Courtney Santillan, Shelley Retter, Jude Corlett, Jennifer Burlage, Liza Clinger, Gayle Larson

**Excused Absences:**

<u>Agenda</u>	<u>Presenter</u>	<u>Discussion</u>	<u>Action/Next Steps</u>
Introductions and Attendance	Greg Dickerson	<p>Gayle introduced Liza Clinger, who is a part of the Administrative Support Team with Region 4 and will be taking over Gayle's responsibilities with the Board after Gayle's retirement.</p> <p>The Board introduced themselves to Tammie Rice and Raelin Gibb, who are with Idaho Hope.</p>	
Review Agenda Approval of last meeting's minutes	Greg Dickerson	Vern moved to approve the March 2011 minutes and Ross seconded. All were in agreement.	
Legislation Update	Ross Mason	<p>Ross explained the instruction of the Co-op. It is the Governor's effort to transform Behavioral Health to a private venue. The question is, how to transform. This has Director Armstrong as Chairperson instead of a "Champion."</p> <p>Ross reported that \$4.8 million will come out of Substance Abuse and moved over to the Courts. The thought was the courts could do more with the money if they were in charge of it. In the past, some courts would order treatment without regard to the cost. Now they will have to stay within the budget.</p> <p>Medicaid: Lost \$34 million and \$104 million from the Feds, that being a 30/70 cut. Most cuss were fringes, with no single program eliminated. Eligibility was not reduced.</p>	

		<p>Ross reported on the Health Care Exchange, is a part of health care reform in which everyone would have a chance of receiving insurance. For those who cannot afford their own, they could go to the Health Care Exchange, which would pool monies. The Exchange reported that 90% of all Idahoans would have subsidized health insurance. This group is in its early formation and is trying very seriously to make this work.</p> <p>The new Hubs were explained, that they are more practical money and personnel-wise. Vern asked about Substance Abuse in the Hubs, but no one had any information.</p>	
Mobile Crisis Unit Update	Jennifer Burlage	<p>Jennifer gave an update on the Mobile Crisis Unit (MCU). She stated MCU's priorities are Crisis, Commitments, 18-211/212, 19-2524, Mental Health Court and ACT, and Voluntary. They are striving to be able to act on the rising numbers of crises due to PSR cuts, etc. The Clinic does not have caseloads any more in order to be more available for walk-in and phone-in crises. MCU will be going out with law enforcement to get "in front of" the crises instead of handling things in the back. They are looking to divert and have new options such as Idaho Hope, Allumbaugh House and the Mental Health Clinic. The Clinic will be able to help with meds and can follow a person for seven days.</p> <p>The Counties can experience a great financial gain from this by lessening those placed in the hospital on holds. The courts and emergency rooms will see less activity as well.</p> <p>MCU's hours are 7:00am – midnight, Monday – Thursday; 24 hours, Friday – Sunday.</p>	
Ada County Meeting	Jennifer Burlage	<p>Jennifer reported the Ada County Meeting meets the 1<sup>st</sup> Wednesday every month at Westgate at 4:00. Everyone is welcome. The meeting is for all stakeholders. Those who regularly attend are law enforcement, jail staff, hospital staff and prison staff.</p>	
Idaho Hope Update	Tammie Rice Mary Rong	<p>Tammie Rice explained that ID-HOPE assists individuals who are diagnosed with a mental illness and who have no existing insurance (including Medicaid), to meet their basic needs and improve their quality of life. In 2010 a grant from received from SAMSHA to treat mental health issues of people without insurance. Pioneer Health Resources received the grant. They can have 10 participants per staff person. The do not do medication management or</p>	

		<p>psychiatric. They can work with participants for up to nine months. The first three months are spent doing extensive in-home treatment. The second three months are a little less, with the third three months being even less.</p> <p>ID-HOPE will have a Board and have a connection to SOAR, who have an expedited way to get SSI and SSDI within 30 days.</p>	
How Often to Meet	Gayle Larson Greg Dickerson	<p>Discussion was held on how often the members felt the Board should meet. With rising travel costs, increasing work for all members at their own employment, and some possible decrease of interest, it was thought if the Board met less often, more would want to participate. Some members expressed they enjoyed meeting monthly and found the exchange of information very welcome. Some others preferred to meet less often. Ross Duke suggested we poll the County Commissioners' opinions, since they are a very integral part of the Board (no Commissioners were in attendance this meeting). Gayle agreed to contact them. The results will be given at the next meeting. The question was raised as to what is required of the MH Board as far as the Block Grant is concerned. The By-Laws state the MH Board must meet at a minimum of twice per year.</p>	
Member reports and Updates CMH Subcommittee Update RAC Update		<p>Courtney reported the Recovery Conference is still on for June 16 and 17. there are 200 slots available for Adult MH and Children MH, with 100 slots available for Infant &amp; toddlers and DD. May 3<sup>rd</sup> is Children's Mental Health Awareness Day. The Federation sent 750 packets to schools, asking everyone to wear green.</p> <p>Laura reported that prescription take-back will be April 30<sup>th</sup>. The Regional RAC meetings will be the 2<sup>nd</sup> Wednesdays.</p> <p>Suzette Driscoll of the BPA reported they are influenced by a SUD funded system and they are trying to get back to mental health.</p> <p>Greg reported he attended a SPC sub-committee meeting on the Needs Assessment. It was found they need to get consistency. Region 4 has no resources to do it and no specific guidance. They decided on, what are the two most pressing issues? Human Support of Idaho has lost their day treatment center. They had extra space in the office and turned it into a drop-in center operated by Peer Support Specialists. The hope to emancipate and become their own entity.</p>	

		Vern reported he is waiting to get clarification on his budget allocation. He is hearing there will be some changes in protocol.	
		Shelley reported the school districts are trying to figure out what to do with the Medicaid cuts. Developmental therapy and IVI are no longer paid by Medicaid	
Other Board Items			
		Meeting adjourned.	

Next meeting is May 10, 2011 at the Ada County Sheriff's Department.